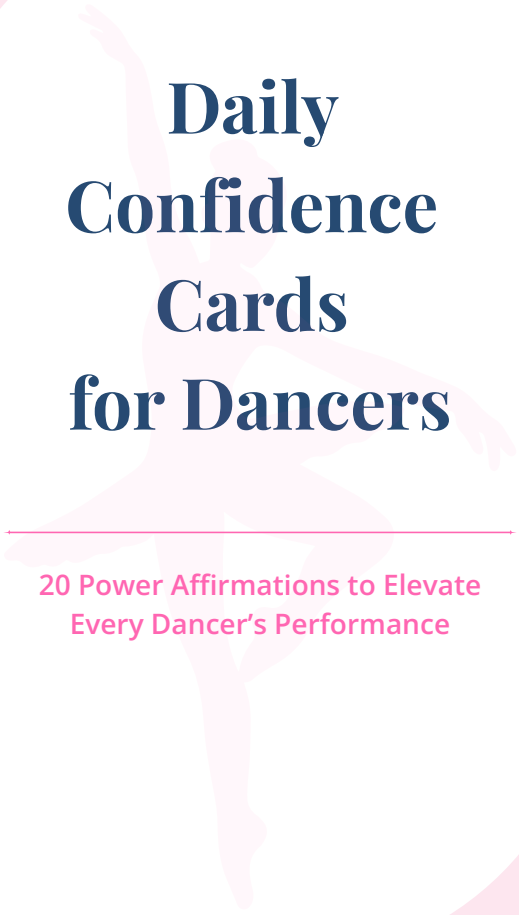




Daily Confidence Cards for Dancers

20 Power Affirmations to Elevate
Every Dancer's Performance

**I move with
confidence and
grace every time
I dance.**



**Every rehearsal
makes me
stronger and
more expressive.**



**The stage feels
like home to me.**



**I trust my body
and my
technique.**



**I inspire others
through my
movement.**



**I shine brightly
at competitions
and
performances.**



**New
opportunities
to grow as a
dancer flow
to me.**



**I am proud of
the discipline
I show in
my training.**



**Every step I
take brings me
closer to my
dance dreams.**



**I am worthy of
being recognized
for my artistry.**



**I dance with
both passion
and precision.**



**My confidence
grows each time
I perform.**



**I am resilient,
every challenge
makes me
stronger.**



**I express stories
beautifully
through
my movement.**



**My talent
increases with
every class and
performance.**



**I am open
to new styles,
choreography,
and growth.**



**I shine as
both a soloist
and part of an
ensemble.**



**I am proud
of the dedication
I bring to
dance.**



**My dance
journey unfolds
with perfect
timing.**



**I was born to
move, inspire,
and shine.**

